



## Helpful Hints

**Hair/Heads** It is important to follow the detailed combing scheduled provided by Lice Aunties on the other side of this sheet. **Combing is crucial.**

**Clothing** When you get home, remove the clothes you had on during your treatment. They should go directly into the laundry to be washed and dried. If you have clothes that you've worn in the past few days but haven't washed, put them in the laundry as well.

**Hats/Helmets/Stuffed Animals** For anything that has been used by your family in the last 48 hours, put it in the dryer for 30 minutes on high heat. The likelihood of any lice being on stuffed animals is very slim. For anything that can't be dried such as a helmet, wipe it out and/or put it aside for 48 hours.

**Combs/Brushes/Hair Accessories** Collect them and put them in a sealed plastic bag and into the freezer for an overnight stay.

**Bedding/Furniture/Carpet** Put your sheets and pillowcases in the dryer on high heat for 25 - 30 minutes. It is not necessary to wash the bedding since the dryer will dehydrate anything lice-related. Vacuum your most loved and used furniture or simply put a sheet over it for 24 hours. While it is highly unlikely that there are lice in your carpet, vacuuming is your choice.

**Pets** No need to worry about your animals. They can't carry or transmit human head lice.

**Moving Forward** After this infestation is over we recommend doing head checks with the Terminator comb once or twice per month as a safeguard against another infestation. Using a repellent spray is always smart for children going to school or at any other activity with other children. Hair worn in braids or a bun always helps keep lice at bay.

**Lice Aunties**

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